



SPRING 2020 UPDATE

## Meet Vicki

Earlier this year, New Haven Farm Home was very happy to welcome Vicki to our service, who now calls our Bosworth Street site home.

Vicki enjoys art and craft and has made lots of decorations for around her home including flower arrangements, vases and more recently some creative halloween decorations. Colouring in is another of Vicki's favourite activities.

Along with craft, Vicki has been enjoying cooking meals to share with her housemates. Some of the meals she has prepared include beef burritos, curried sausages and a chocolate cake for afternoon tea.

Vicki enjoys celebrating birthday's and Christmas and looks forward to Christmas celebrations and decorating her home soon.

Vicki is most confident in quieter spaces but is being supported by her New Haven Farm Home team to become more confident when out in the community, especially in shopping centres where there can be many more people.

It has been wonderful to have Vicki join us at New Haven Farm Home and we look forward to sharing her many activities and achievements with you over the coming months.



# A NOTE FROM THE ACTING CEO:

Hello All,

I hope this Spring edition of Inclusion finds yourself and your loved ones safe and well. Time continues to pass by so quickly and as we approach the end of the year, I would like to take a moment to thank everyone for their support and understanding throughout the unprecedented year that it has been.

It is that time of year when many organisations hold their AGM's and as such it is timely to acknowledge and sincerely thank our current Board of Directors under the leadership of Warren Chalker for their ongoing dedication, commitment as well as the support and guidance that they provide the organisation. This tremendous team of people continue to work largely unrecognised but without whom the organisation would not continue to provide exceptional services to our clients.

The NDS will also shortly be holding their AGM and the current nominees for the NDS Board of Director's have all identified as part of their nomination to the NDS Board a focus on NDIS participants' rights and advocacy for the participants and the organisations that support them. This focus is extremely positive and may bring great results for our clients in the coming 12 months.

**Annette Allen**  
**Acting Chief Executive Officer**



David is being supported to be more confident in the kitchen while learning new recipes. He made a very tasty vegetable stir-fry recently to share with his housemates.



Jake had lots of fun learning new and creative crafts to make Halloween decorations for around his home.



John is being supported to cook a variety of meals to share with his housemates. He recently made a very tasty chicken cacciatore for dinner.



Brian enjoys keeping fit and exercising. He walks regularly and does weight training and was happy to get some new equipment to use in his workouts.



Harry is learning how to cook. He was recently supported to make a pumpkin cake to share with his housemates for afternoon tea.

## SHORT TERM ACCOMMODATION

At New Haven Farm Home we are very excited to be able to expand our services to now include Short Term Accommodation or as it is more commonly known, respite care. We are very proud to have been offering this service to clients and their families for the last 4 months.

This type of service differs from our main service in that the focus point is to provide clients with a safe, happy, relaxed, fun filled environment that provides a 'holiday' feel experience.

For each client who uses the service, the experience is very different, as being an entirely person centred focused organisation, each stay is tailored to the individual's preference, from the activities they partake in, to the food they consume. At New Haven Farm Home, we have been very fortunate to have some STA clients enjoy the experience with the organisation so much that they have since become permanent clients and have moved into our SIL supports.

Whilst the deliverance of a respite service focus' on the individual client, the provision of the service is essential for the clients support network and carers. These people work tirelessly, around the clock in order to meet the support needs of the person whom they care greatly for. The carer has little to no scope to attend to their own needs, be that medical, social or whatever form it may take. It is therefore crucial that carers have an opportunity to meet their own needs so that they can continue providing ongoing support to their client. However, in order for them to be able to do so, they require the client to be able to attend a high quality service where the carer can be confident that not only all

their loved ones support needs are met but that they are comfortable, content and happy with their stay. One way in which we as an organisation support the carers of our clients is to provide them with easily accessed frequent and open communication and updates throughout the clients stay so that they have the confidence and reassurance to fully utilise their time away. We are very proud to be able to provide this service to not only our clients but their families and support networks.



# CONGRATULATIONS MARILOU CASAVALLS



## **Congratulations to Marilou Casavalls who was awarded the Winter 2020 Staff Recognition Award!**

Marilou has been a Disability Support Worker at New Haven Farm Home since February 2019 and is always enthusiastic and creative in supporting both our clients and other staff.

During the Covid-19 restrictions, many of our clients were not able to attend their normal workplaces or day programs. Marilou worked tirelessly to ensure everyone was kept busy and happy during these difficult times. Her energy and positivity was appreciated by everyone.

**Thank you for your hard work and commitment Marilou!**

# COVID-19 UPDATE

Firstly we would like to thank you all for your support, encouragement and commitment in helping us ensure the health and safety of New Haven Farm Home clients, staff and our broader community during the recent months in relation to Covid-19 (otherwise known as Coronavirus).

New Haven Farm Home have been strictly following all guidelines given to us by NSW Health in efforts to keep us all as safe as possible during the uncertain times that have been faced this year.

We know the visiting restrictions that have been in place have placed strain on some of you who would have liked to have seen your family member or friend. Again, thank you for your support.

We are happy to now be able to enable visitors to our sites again.

In maintaining best practice in line with NSW Health, all visitors to our site must sign in and complete our Covid-19 declaration form. All visitors also have their temperature checked and recorded; are requested to make use of our hand sanitizer stations and maintain social distancing. We also have masks available should you wish to wear one.

We ask that if you reside in or spend time in any hotspot locations or should you be unwell or displaying any cold, cough or fever symptoms that you refrain from visiting.

If you would like to arrange to visit your family member or friend we encourage you to contact your Site Manager to make arrangements.

Family is important and we are glad to be able to now encourage this safe visiting of families.



Ian has been learning woodwork skills and is being supported to learn how to create some simple projects. Every weekend Ian completes a little more of his woodwork project and is doing a great job.



Billy has been working alongside Ian each weekend and has been doing a fantastic job at painting some of the timber that Ian has prepared and been supported to create boxes with. Great to have Billy involved in this project.