



### FEBRUARY 2019 UPDATE

Welcome to the February edition of our newsletter, 'Inclusion' and our first update for the new year!

New Haven Farm Home has had a great start to 2019, and I am happy to share with you just some of the many achievements and activities of the people we support.

It is always wonderful to see each individual achieve their goals and develop their living and social skills through the activities they participate in both at home and in the community.

The demand for services in Greater Western Sydney remains high, so we are very happy to have recently welcomed new clients and their families to our organisation. Thank you to staff and management who have ensured a smooth transition for these clients and for your ongoing commitment to person centred support.

I would like to thank and congratulate Matt Le Brock, one of New Haven Farm Home's Support Workers on being awarded the Summer 2019 Staff Recognition Award. Read more about Matt's award on page 2.

Thank you to those of you who responded to our Christmas donation appeal. **It is generous people like you that enable our organisation to provide extended support and opportunities to people living with a disability.**

On page 3 of this newsletter you will meet Ian. Ian enjoys art and craft, going swimming and is being supported to grow in his independence in the kitchen.

New Haven Farm Home is very happy to have been selected as the charity partner for this year's Hawkesbury Show. This is a great opportunity for us to share our organisation with others.

We will be holding a raffle at the show to help raise funds which will enable us to provide person centred support to more people living with a disability. If you, someone you know or a business that you are connected to would be able to donate a raffle prize please contact Nicole, our Relationship and Support Manager. Her details can be found on page 4 of this newsletter. **We would really appreciate your support.**

To enable us to share more of the achievements of the people we support; our organisation updates and information about the disability sector and NDIS, our newsletters will now be sent out bimonthly.

As always we encourage your feedback and appreciate you sharing our news with your family and friends.



**Jacques Stap**  
Chief Executive Officer

# CONGRATULATIONS MATT!

**Congratulations to Matt Le Brock who received the Summer 2019 Employee Recognition Award!**

Matt is one of New Haven Farm Home's Support workers and was nominated by his colleagues for the encouragement he shows to both clients and other staff.

Matt has been supporting some of our newest clients as they have settled into their new home at Richmond.

Each weekend, Matt assists clients to participate in a range of activities out and about in the community, including train travel, league bowling and going to community events. Matt is also supporting clients as they learn to mow the lawn at their home, increasing their independence.

Matt has been a member of the New Haven Farm Home team for nearly 7 years, and is always willing to help new staff as they learn and get to know the people that we support. He is respectful and his positive attitude is both recognised and appreciated by management, staff and clients.

Well done Matt!



Victoria was recently supported to go grocery shopping at the local supermarket.

She enjoyed pushing the trolley around the store and selecting the items on the shelf that were on the shopping list.



Colin has been increasing his independence in the kitchen.

He recently prepared a meal of slow cooked beef and vegetables to share with his house mates for dinner. Well done Colin!



Ward has been learning how to ride a horse over the past year and his skills are constantly improving.

He was proud to be presented with a trophy at the end of the year recognising him for his efforts and achievements.

## WE WELCOME YOUR FEEDBACK

**We would love to hear your feedback!** Share with us your favourite articles, the topics you are interested in reading in our future newsletter editions or the ways you, your organisation, workplace or social group would like to get involved by contacting our Relationship and Support Manager, Nicole.

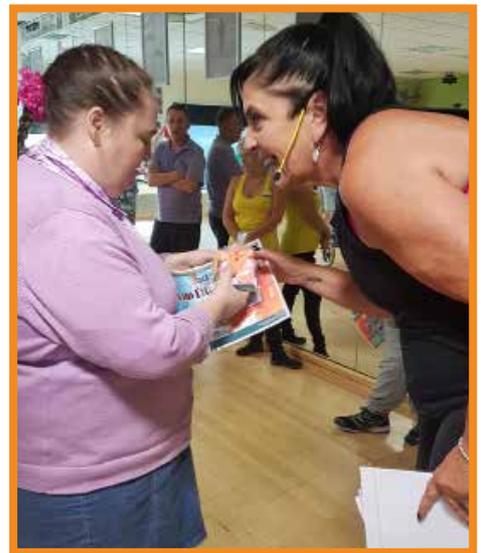
(E: [ncastillo@newhavenfarm.org.au](mailto:ncastillo@newhavenfarm.org.au); Ph: (02) 4579 6131)



Ziggy has been learning to swim. Each week he looks forward to going to his swimming lessons at Linda's Learn to Swim School in Windsor. His coordination is improving all of the time. Well done Ziggy!



Tony regularly attends Lawn Bowls at Penrith Bowling Club. Lawn bowls is helping Tony to meet other members of the community, while building on his hand eye coordination skills.



Jess enjoys going to Zumba at the local gym each week. She was happy to receive a certificate and gift at the end of the year recognising her enthusiasm and participation.

## MEET IAN

Ian has been calling New Haven Farm Home his home since he was 15 years old.

He is a talented artist, enjoys swimming, recycling, gardening, watching the cricket or rugby union and is currently being supported to be more independent in the kitchen.

Ian enjoys art and craft. When visiting Ian, it is wonderful to see many of his paintings, collages and paper crafts decorating his home. During art classes last year, Ian learnt some new skills in using watercolour and acrylic paints, creating many fantastic works of art.

Ian goes swimming at the local pool and is constantly improving in both his confidence in the water and his swimming technique. Swimming is great exercise for Ian, helping him to keep mobile and fit.

At his home, Ian is being supported to learn new skills in the kitchen. He helps to prepare dinner on a regular basis, peeling and chopping the vegetables and making very tasty home-made pizzas! Ian also does a great job at keeping the kitchen clean, stacking and unstacking the dishwasher and keeping the kitchen bench tidy.

Ian enjoys gardening. He has a large vegetable garden outside his home where he helps to grow fresh herbs and vegetables as well as some very pretty flowers.

It is great to see Ian always developing his skills, using his talents and growing in his independence.



# GET INVOLVED!

New Haven Farm Home are very excited and honoured to have been selected as the 2019 Hawkesbury Show Charity!

This is a great opportunity for us to share our organisation and the services we provide with more families, as well as showcase some of the talents of the people we support.

## BUT WE NEED YOUR HELP!

Help us to bring additional learning, skill development and community inclusion opportunities to the lives of people living with a disability by donating a prize for our Easter Raffle!

We are in the process of collecting prizes to create a large Easter Raffle for the show. All proceeds from ticket sales will help us to assist people living with a disability live with greater independence, inclusion, respect, empowerment and dignity.

If you or someone you know might be able to donate a prize towards our Mega Easter Raffle please contact Nicole by email: [ncastillo@newhavenfarm.org.au](mailto:ncastillo@newhavenfarm.org.au) or phone Office: 02 45796131 Mobile: 0491 278 774.



One of Shaun's goals is to sing karaoke at a range of venues. He recently did a great job getting up on stage at the Red Cow in Penrith to sing one of his favourite ABBA songs.



Glenn has been creating a vision board to act as a motivator for working towards his goals. Glenn's vision board has helped him to think about the skills he would like to develop and acts as a great reminder to him to keep striving for his goals.



Each week, Peter attends his work experience role at Supercheap Rouse Hill, where he stocks the shelves and maintains the displays. This is helping Peter develop his skills and knowledge in retail as well as social skills.

## NEW HAVEN FARM HOME VALUES

New Haven Farm Home's values play a central role in all that we do; the way that we work together with one another and with the community; the way we communicate, and in the person centred services we provide to people living with a disability and their families. We value:

EXCELLENCE • WORKING TOGETHER • RESPECTFULNESS • CONTINUOUS IMPROVEMENT